

Vocabulary in PE at West Felton

EYFS	Year 1 & Year 2	Year 3 & Year 4	Year 5 & Year 6
<p>Space, looking up, stretch, muscle, partner, pairs, run, walk, balance, throw, catch, hit, ball, cone, net, bean bag, jump, hop, carry, follow, lead, copy, sports, games, rules, move, forwards, backwards, equipment, speed, direction, bounce, push, pull, roll.</p>	<p><b>Games</b> Throw, roll, underarm, hit, move, safely, kick, tactics, decide, rules.</p> <p><b>Gymnastics</b> Curl, tense, stretch, relax, control, travel, balance, copy, sequence, improve, plan, and perform, feedback, hold, and independent.</p> <p><b>Dance</b> Move, copy, perform, create, rhythm, control, coordination, linking mood or feeling.</p> <p><b>General</b> Copy, compare and contrast, repeat.</p>	<p><b>Games</b> Throw, catch, control, awareness of space, support, opposition, strike and field, accuracy, rules, possession, adapt tactics.</p> <p><b>Gymnastics</b> Adapt sequences, apparatus, criteria, strength, suppleness, performance, compare and contrast, sequences, stamina, improve.</p> <p><b>Dance</b> Changing speed and direction, share and create phrases, plan, repeat, remember and perform phrases, communicate.</p> <p><b>Athletics</b> Change speed and direction, underarm, overarm, throwing, technique, distance, sprint, accuracy, personal best.</p> <p><b>Outdoor and Adventurous</b> Follow, route, appropriate equipment, safely, familiar context, manage risks/problems.</p> <p><b>Swimming</b> Swim, unaided, basic stroke, movements, coordinate breathing, surface.</p>	<p><b>Games</b> Possession, forehand, backhand, field, tactics, defending, attacking, techniques, pass, dribble and shoot. Striking, implement, rules, umpire, and strategy.</p> <p><b>Gymnastics</b> Complex extended sequences, combine, perform, consistency, audience, link, vault, spring.</p> <p><b>Dance</b> Compose, creative, perform, accompaniment, demonstrate clarity, fluency, accuracy and consistency. Style, interpret, precise and posture.</p> <p><b>Athletics</b> Control, accuracy, techniques, combine, distance, compete, improve personal best, stamina.</p> <p><b>Outdoor and Adventurous</b> Location, compass, navigate, overcome problems, plan, route, safety, danger, leadership.</p>