



School Road

West Felton

Shropshire

SY11 4JR

Tel: 01691 610388

Email: head.westfelton@westcliffe.shropshire.sch.uk

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Dear Parents,

Many of you are familiar with our **Relationship and Health education** curriculum, previously known as Relationship and Sex Education or RSE/SRE but we thought it worthwhile ensuring that you all had the latest information.

Alongside our information is a Parent Guide issued by the Department for Education, which you may wish to refer to:

[DfE Parent Guide to Relationship & Health Education](#)

Relationship and Health education forms a vital part of our curriculum and is taught through various subjects; primarily PSHE but also Science, PE, and RE.

Our curriculum is designed to equip the children with the information they will need to make informed decisions as they move through their lives and is akin to our vision of **'Preparing for Life in all its fullness'**.

The content and skills and cumulative and are developed throughout your child's journey at West Felton CofE Primary School. A copy of our policy, vocabulary used, and our full scheme of work can be found on our website:

[PSHE at West Felton](#)

Willow & Sycamore begin to learn more about puberty and the changes they will go through as the school year progresses and your child may wish to discuss this with you. If you would like any further information on the content and timings, please do let us know.

If you were considering buying a book for your child to help support their learning, we would recommend the following:

[Girl's edition](#)

[Boy's edition](#)

Yours sincerely,

Mrs. Hughes